

Impact on My Time/Energy:

- **Impact Score:** _____
- **Explanation:**

Spiritual Reflection: What does this widespread impact reveal about the urgency of addressing this issue in your life, not just for your own well-being, but for your witness and the good of those God has placed around you? (Matthew 5:16)

Impact on My Relationships (e.g. _ family, friends, partner):

- **Impact Score:** _____
- **Explanation:**

Spiritual Reflection: What does this widespread impact reveal about the urgency of addressing this issue in your life, not just for your own well-being, but for your witness and the good of those God has placed around you? (Matthew 5:16)
